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February 26, 1988

FILE COPY

FOR IMMEDIATE RELEASE:

THERE'S STILL TIME TO REGISTER FOR EXPO '88

CHARLESTON, IL--Women interested in attending the Women's Expo and Health Fair on the Eastern Illinois University campus Saturday, March 5 have until Tuesday, March 1 to pre-register for the event, according to Expo coordinator Sandy Rives.

Rives strongly encourages individuals to pre-register in order to receive their first choice of events. However, people who have not registered by March 1 may walk in and register the day of the Expo.

The registration fee is \$10 and includes materials, including a legal manual, and either brunch or lunch. Child care is also available on a limited basis for \$4.

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For further information and to register, call (217) 581-5981.

Registration begins at 7 a.m. in the Doudna Fine Arts Center followed by an opening session at 8:35 a.m. in McAfee Gymnasium featuring Pat Leimbach, an author and farm wife from Vermilion, Ohio. In addition to being a partner with her husband in a potato, vegetable and grain operation, Leimbach writes a newspaper column called "Country Wife" which appears in farm publications throughout the nation.

In addition to the opening session, there will be 19 workshops on subjects ranging from office politics to retirement, a style show with fashions furnished by independent women retailers from a multi-county area and more than 80 exhibits. Representatives from Sarah Bush Lincoln Health Center, Mattoon, will coordinate health screenings from 7 a.m. to 4:30 p.m. in the lower level of the Union.

Betsy Jeffries of Louisville, Ky., a nationally recognized speaker and seminar leader, has been invited back this year to present a three-hour seminar, "The Balancing Act." Jeffries will autograph her book, "The Inner Connection," from 9:45-11:30 a.m. in the Union.

EIU alumnus Bernadette "Bernie" Young, founder and managing partner of Young & Associates, an international consulting firm headquartered in Chicago, will present a seminar on "Office Politics."